

Bay Cliff News



www.baycliff.org

Pursuing the Dream...

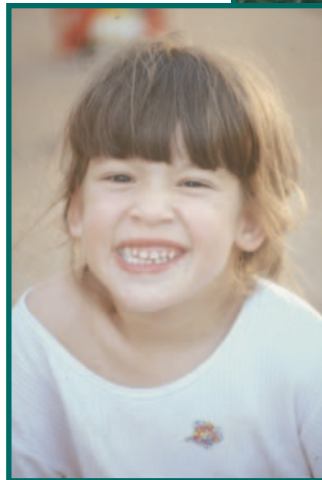
I Am Blessed!

My name is Rebecca Klumpp and I am blessed to have been able to attend Bay Cliff for ten summers. I have cerebral palsy (CP) which was caused by a blood clot that formed in my umbilical cord shortly before I was born, causing my brain to be deprived of oxygen. I was diagnosed with CP when I was 17 months old, and at the time of my diagnosis some of the doctors didn't think I would ever walk. No one knew if I'd be able to talk, feed myself, or have normal cognitive functions.

I started attending Bay Cliff when I was five years old. At that time, I could only take a few steps with my walker. I could not dress myself or feed myself, and I was fully reliant on others for my daily care. Over the summers at Bay Cliff, I learned to walk independently, talk more clearly, and dress and feed myself. This was made possible through the intense physical, occupational, and speech therapy I received. Not only did my therapy sessions help me progress, but every activity throughout the day was geared towards my becoming independent.

It wasn't only the therapy that helped me to become who I am today. Bay Cliff is a special community where everybody cares about each other and helps one another. As new therapists and counselors worked with me each summer, I became comfortable with explaining how my disability affected me and in what ways I needed assistance from others. I also made friends with so many fellow campers and staff members. Even though many years have passed, many of these friendships continue today.

An important philosophy I learned at Bay Cliff was to never let obstacles stop me from achieving my goals. One of my goals growing up was to attend college away from home. I am now 21 years old and a junior in college. After living at home and attending Gogebic Community College for two years, I transferred to Michigan Technological University where I am studying English and writing. I hope to someday



Rebecca Klumpp, age 5 and today

become a writer or an editor. Thanks to very helpful and caring friends and staff members here at Tech, I am able to live independently in the resident halls with minimal assistance.

I truly believe Bay Cliff is the main reason why I'm where I am today. I am so thankful for all of the people who help to make Bay Cliff the special place it is.

Making Memories

Camp Independence

Throughout the year, adults of all ages count down the days until Camp Independence begins. At this very moment, campers and staff are back home recalling a memory that brings a smile to their face—a memory of an experience they had under the Bay Cliff sun.

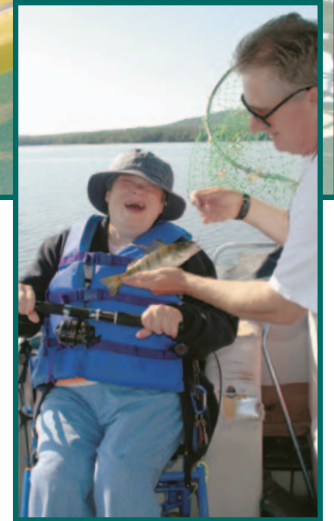
For the past 26 years, during one week in August, 50 campers cross the bridge onto the grounds of Bay Cliff Health Camp to enjoy a week full of recreation, friendships, and renewal.

They travel from private residences, group homes, veterans' facilities and nursing homes with an adventurous spirit, wanting to explore and be active in our great northwoods. The campers have physical challenges, but as many say "I feel like I don't have any 'handicaps' at Bay Cliff."

Anything is possible at Bay Cliff! Activities are adapted as needed so that everyone can participate. The opportunities are endless: creating beautiful art in ceramics & watercolors, kayaking beside mallard ducks on Lake Independence, striving for the bulls-eye in archery, learning sign language to converse with a new friend, enjoying a relaxing massage, swimming in the heated pool or refreshing Lake Superior, socializing in the sauna, watching the moon rise on an evening boat ride, fishing for the

big one, jam making with fresh-picked berries, enjoying the company of friends while the aroma of a delicious chicken barbeque fills the air, and singing around the campfire before sleeping under the stars—just to name a few!

Campers want to return year after year. Many were even Bay Cliff kids who grew up at summer camp over the years; they now return to reunite with their summer camp friends. They leave with a scrapbook of memories and friendships that last a lifetime.



♪ *Make new friends but keep the old—one is silver and the other's gold.* ♪

Bay Cliff's Expanding Programs...

Post Polio Wellness Retreat

Adult Polio Survivors

Bay Cliff Health Camp

"The Post Polio Wellness Retreat is an annual shot-in-the-arm for me. For those of us who had polio as kids, we're going through a difficult adjustment as we age. To get together with others, who are going through the same thing, and talk solutions is great stuff. There's a sense of community that has developed out of this and life is about community. Bay Cliff is addressing this with everyone they are working with.

At Bay Cliff, there has always been a focus on the human person. Medicine can be so abstract, sometimes it's forgotten that there's a person there. Bay Cliff has never done that. The Holy Spirit is at work here." —George Kendall, Polio Survivor, Grand Marais, MI



Winter Blast

Adults with Disabilities

Bay Cliff Health Camp

"I just love it at Bay Cliff! It's my second home and when I'm there I never want to leave. Everyone is so positive and the food is the best ever. I'm counting the days until January 20th!"

—Roy "Gunny" Peterson, Camper Jacobetti Home for Veterans, Marquette, MI



Outdoor Education Camp

5th Grade Students

Marquette Area Public Schools

"For over 35 years, 5th grade teachers have brought students to Bay Cliff for a camp experience. Many children are away from home for the first time. Lessons learned in the science and social studies classrooms are extended into the great outdoors. Bay Cliff is a gorgeous setting that fits our needs perfectly."

—Mary Bengry, 5th Grade Camp Director Teacher, Bothwell Middle School, Marquette, MI



Sports Training Camp

Special Athletes

Marquette Alger Regional Educational Service Agency



"My son Cory has been attending Sports Training Camp at Bay Cliff since its first year, August 2004. This year he had the honor of sharing his love of drumming with his fellow campers/athletes and staff. I am so grateful to Bay Cliff for giving Cory the gift of fun-filled, amazing days experiencing summer camp, meeting new and old friends, and creating lifelong memories. Thank you Bay Cliff."

—Alice Reynolds, Parent Marquette, MI

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C.P. Family Camp

Children with Cerebral Palsy and their Parents & Siblings

Bay Cliff Health Camp

"This was our first time at Bay Cliff. To sit down and talk openly with other parents face-to-face and share resources was very helpful to me, as a parent.

The difference one weekend made to my daughter was amazing. Campers would say to Kaylee 'I wear braces like that too' or tell her that doing stretches was important. Now she allows me to do her stretches and her attitude towards therapy is more positive. She looks at herself in a different way. She's always known she is different from her peers at school, but now she knows there are other kids out there just like her."

—Stacy Ribich, Parent, L'Anse, MI



Hospice Retreat

Janis Project

Cedar Tree Institute

"This summer, a group of health professionals and volunteers associated with end of life care met at Bay Cliff for a weekend of education and companionship. We took this opportunity to look carefully at communication at end of life and to discuss ways to make things better for patients and families in our community. Bay Cliff's history in health care, its quiet, its physical beauty and hospitality provided a wonderful environment as we entered into the mysteries of service, compassion and commitment. I felt very strongly that Bay Cliff and its staff were actively supporting us in our mission to provide compassionate care for the patients and families we serve."

—Larry Skendzel, MD, Medical Director, Lake Superior Hospice, Marquette, MI



Camp YesICAN

Children with Limb Loss

Filippis Foundation

"Every year, the feedback from campers and parents after Camp YesICAN is overwhelming. They say how camp has changed their life; that they can do so many more things, have greater confidence in themselves or are a more independent person. Their camp experiences help them develop life skills. They make friends for life with peers that have similar challenges. Without Bay Cliff's help, Camp YesICAN wouldn't happen."

—Lynn Vanwelsenaers, Camp Director, Prosthetist, Wright & Filippis, Marquette, MI



Snow Days

Children with Disabilities

Bay Cliff Health Camp

When asked about Snow Days, Bryant exclaimed, "Dog sledding!!! It was my first time and my most favorite! And the hot chocolate & story time was great! I really liked the sled races, when the counselors were the dogs and pulled us across the field." Bryant's mom, Sabrina, added, "Bryant talked about his winter experiences at Bay Cliff for months. It was a huge and exciting thing for him."

—Bryant Gagnon, Camper, Hardwood, MI



Camp REACT

Children with Autism

Sault Ste. Marie Public Schools

"We appreciate the opportunity to bring our students, staff and program to Bay Cliff. Camp REACT, a 3 day camp for Autistic children, is successful in large part because of the Bay Cliff setting. The camp environment provides a perfect 'recreational stage' for the campers to practice the language and social skills they learn during the school year. The wide range of daily activities, which naturally occur at Bay Cliff, allow the campers to adapt their new skills to real life situations...helping them to REACT more effectively to their world."

—Tim Bradley, Founder of Camp REACT Hulbert Corners, MI



...And Growing Extended Family!

Bay Cliff's Campership Appeal...

Reaching for the Goal!

Thank you to our friends who have contributed to the 2010 Bay Cliff Campership Appeal! We are grateful for your kind support.

We are very encouraged! So far, this year's Campership Appeal has raised \$64,549 towards our goal of \$100,000...only \$35,451 to go! If you haven't yet made a donation to the appeal, we hope you will consider making a gift.

All funds donated through the Campership Appeal will be used specifically for the Children's Summer Therapy program. Your donation will help provide: daily therapy, medical and dental care, food and lodging, camp activities and 24 hour care and supervision—all part of a typical day!

The cost to serve and care for a child with disabilities at Bay Cliff is \$115 for a full 24 hour day. Parents contribute what they can afford. This leaves a significant cost that is funded by many generous individuals who believe in Bay Cliff and the futures of the children we serve. All gifts to Bay Cliff, of any amount, are important and very appreciated. Working together we can meet the needs of the children.



“Support for the Bay Cliff Campership Appeal is a way of directly helping the children. What could be better than knowing our contribution is improving the life of a child? Everything is in place—the camp, the staff, and the children. Together, we can provide the resources to make their dreams come true.”

—Dick Peura, DDS
Bay Cliff Board Member, Marquette, MI



We hope you will join us and make a gift or pledge to the Campership Appeal. We also encourage you to visit us at www.baycliff.org to learn more about Bay Cliff and how your support makes a difference.

On behalf of the children who are pursuing their hopes and dreams for the future...

THANK YOU!



...Will You Join Us?

Remember Bay Cliff in Your Will

A gift through your will is one of the most meaningful legacies you can provide for your family and to Bay Cliff. Your will allows you to provide for your loved ones after your death, and also is an opportunity to make a wonderful difference for the children to pursue their hopes and dreams for the future. Your gift to Bay Cliff may be expressed in these words:

I give and bequeath the sum of \$ _____
(or ____ % of my estate) to Bay Cliff Health Camp
for its most important priorities.

More specific instructions may also be provided regarding your gift. If you would like to learn more about will and bequest opportunities, or if you would like to meet with a Bay Cliff representative, please contact Bay Cliff Health Camp at (906) 345-9314 or baycliff@baycliff.org.

Additional Ways to Give

Development/Endowment Fund

Bay Cliff Health Camp also has a fund that provides long-term investment funds for the camp. If you would like more information on making a life insurance gift, planned giving, gift by will or bequest, memorial or other special gift please contact the camp office.

Building and Facilities Fund

Bay Cliff is tremendously grateful to the more than 2,000 donors who have helped us to make major renovations to the camp facilities. While much has been accomplished, we are still seeking gifts for several remaining important building projects. We would be pleased to provide more information if you wish to help!



Our Mission

For seventy-seven years, Bay Cliff's primary mission has been to improve the lives of children with physical disabilities. Today, Bay Cliff is a therapy and wellness center serving children with every kind of orthopedic, speech, hearing and visual disability. Through an intensive summer program of daily therapy and traditional camp activities, children learn to become more independent and are inspired to believe in themselves and their potential.

Bay Cliff is a place where special children of all abilities are able to pursue their hopes and dreams!

Online Shopping Benefits Bay Cliff

At no cost to you!

Every time you shop at your favorite online stores like Amazon, Cabela's, and Travelocity, iGive.com will donate money to Bay Cliff (at no cost to you)! It's easy, download the toolbar and iGive takes care of the rest. The toolbar lets you know when you're at one of 800 participating retailers and automatically donates 1-26% of your purchase total. Over 80 people signed up to help raise \$220 for children at Bay Cliff. Think of what we can do with more help. Sign up today at www.iGive.com/BayCliffHealthCamp!

Upcoming Bay Cliff Programs

- December 30, 2010 **Christmas/New Year Open House**
Bay Cliff Big House
- January 20-23, 2011 **Winter Blast**
Winter camp for adults with disabilities
- February 4-6, 2011 **Weigh to Go Teens!**
Wellness weekend for teens who are overweight
- March 4-6, 2011 **Snow Days**
Winter camp for children with disabilities
- April 8-10, 2011 **C.P. Family Camp**
For children with cerebral palsy and their parents and siblings
- June 18, 2011 **Bay Cliff Campers Arrive!**
Summer Therapy Program

Bay Cliff Health Camp

P.O. Box 310, Big Bay, MI 49808 • (906) 345-9314 • Fax (906) 345-9890 • baycliff@baycliff.org • www.baycliff.org

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